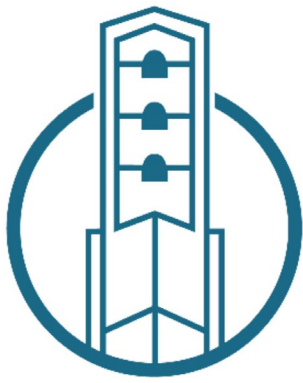




THE MESSENGER

EASTERN HILLS BAPTIST CHURCH

B I N G O



SENIOR ADULT LUNCH AND BINGO

Thursday, July 16th
11:30 AM | Reception Room,
Lunch from Vicki's Lunch Van
\$8.00 Per Person

*Sign up through Realm, in Sunday School
or call the church office.*



Walk In The Spirit

So, I say, walk by the Spirit, and you will not gratify the desires of the flesh. Galatians 5:16.

Since we live by the Spirit, let us keep in step with the Spirit. Galatians 5:25

What does it mean to "walk" in the Spirit? I heard a sermon clip from David Jeremiah recently on this subject. He said walking in the Spirit means keeping in step with the Spirit. It does not mean jogging or running in the Spirit, nor ambling in the Spirit, but...walking. Walking infers constancy, a steadfastness that produces longevity in one's life.

How does one commune with the Spirit of God? Regular Bible study, prayer, worship, and fellowship of like-minded believers are great tools to ensure consistency.

I tend toward extremes in my life. I jokingly say that "if a little is good, a lot is better!" When that is applied to improving one's skill set or moral fortitude, that can be a good thing. However, if applied to desserts... not so much!

In recent weeks I have made it a goal to start and keep up my morning walking routine. Adhering to this practice for at least four to five days a week I hope it will help with my weight loss goal and overall good health. The biggest factor in the process is getting started. What I did yesterday does not ensure my allegiance to a continued health regime. Each day I must decide afresh to get up and get going. No matter how much I anticipate, plan, or remember past achievements, the present stares me in the face afresh each morning. Will I be faithful or slothful?

David Jeremiah gave the analogy of the Holy Spirit being like a metronome in our lives. A metronome gives an audible click or visual pulse to mark the exact tempo of a piece of music.

In my youth I remember practicing piano with the constant, sometimes irritating click of the metronome. The objective was for my tempo to match that of the abrasively accurate constancy that echoed in the room. The accuracy of the metronome was never in question; my tempo however would fluctuate depending upon the difficulty of the passage. I tended to slow down on the harder sections and speed up on the easier ones. Sometimes I would just turn off the metronome and play without it. Not a good pattern to produce an accomplished pianist!

A polished musician gets to the point of having an internalized metronome, one with which they are in sync and matched to. That takes much patience and practice, but the outcome is worth the effort.

Our metronome for living is found in the Holy Spirit. He is there to lead us. However, we must be in tune with Him. Listening is key but not only listening; obeying is essential. Just as the metronome gives a steady pulse which we can identify, being in sync with it requires practice and obedience. We cannot tune Him out and expect to live victorious Christian lives.

Let us strive to Walk in the Spirit and keep in step with the Spirit.

Yours with a song,

Keith Pate

Mentors Annual Luncheon

Thursday, July 23

11:00 AM | RECEPTION ROOM

ALL LADIES ARE INVITED.



QUARTERLY CHURCH BUSINESS MEETING

Wednesday, July 29

6:00 PM | Reception Room.



EASTERN HILLS
BAPTIST CHURCH



SUMMER SOUNDS of EHBBC

WEDNESDAY, JULY 22
6:00 PM | SANCTUARY

THIS EVENT WILL FEATURE SOLOISTS,
SMALL GROUPS AND INSTRUMENTALISTS.

USE THIS AS AN OUTREACH OPPORTUNITY.
BRING SOMEONE WITH YOU!

Holy Destiny Benefit Singing



Clanton First Baptist Church, Sanctuary
Saturday, August 1, 2026 - 6:00pm

Luminarias will be available
for purchase
in honor or memory of those
impacted by cancer.
\$2 each or three for \$5
Cash or checks made payable to
the American Cancer Society
will be accepted.

**A bus will depart from Eastern Hills at 4:30 p.m. If
you would like to ride the bus, please call the church
office to sign up at (334) 272-0604 ext. 210.**



SENIOR ADULT MOVIE NIGHT
Thursday, August 6th
6:00 p.m. | Reception Room
Hot Dog Supper, Popcorn
\$6.00 Per Person

Sign up through Realm, in Sunday School or
call the church office.

Based on the heartfelt true story behind the hit single
"Even If", I CAN ONLY IMAGINE 2 is the inspiring next
chapter of faith, family, and finding God in the fire.
The movie aims to complete Bart Millard's personal story,
focusing on his journey from a son dealing with a difficult
father to a father navigating his own challenges.

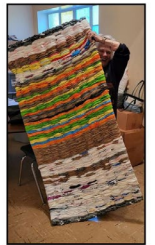
Congratulations

Katie Chappell Harkness & Devan Harkness
on the birth of their baby girl,
Marcy James Harkness,
on July 14, 2026
Grand Parents:
Cheryl & James Chappell

Mat Ministry Serve Day

Save the Date!

Saturday, July 25
EASTERN HILLS BAPTIST CHURCH
RECEPTION ROOM
9:00 AM - 12:00 Noon



We need as many volunteers as we can get to come out and help at the workshop. You can help by looping ropes for the weavers, smoothing and cutting bags. We hope to have between 80-100 volunteers. It takes a village to handle the tasks necessary for the mat weaving process.

The last week of July, Grace, her daughter Terri, and I plan to go and train a church in Manchester, TN in starting a MAT Ministry. We will be gone for four days. This will make the eighth church that our group has trained to do this meaningful work. God is spreading the ways to disciple.

Thank you for the many ways you serve!

Karla Smilie Groves
Mat Ministry Coordinator
(334) 324-4732

karlasmilie626@gmail.com

Samaritan Inn Ministry

Christmas in August FUNDRAISER

Look for updates and videos every 2 weeks!

APRIL 28

TO

AUGUST 25

In Memory of Debbie Smith

To donate visit mgmbaptists.org/sim



IN THE PULPIT

SUNDAY, July 19 | 10:30 AM
Pastor Jeremy Smalley
"God The Spirit"

ATTENDANCE

Sunday, July 12, 2026

SUNDAY SCHOOL

Total In-Person..... 175
Remote..... 28

WORSHIP

Worship Care.....3
Children's Church0
Worship Service.....182
Total Worship.....185

Sunday Bible Study Sessions & Scripture

Explore the Bible

July 5 Sin Revealed (Joshua 7:10-23)
July 12 Unwavering Determination (Joshua 14:1-15)
July 19 Vital Decision (Joshua 24:14-24)
July 26 Consequences (Judges 2:11-23)

Bible Studies for Life

July 5 Speaking Truth (Luke 18:18-30)
July 12 Extending Grace (Luke 19:1-10)
July 19 Fellowship with Believers (1 Corinthians 1:1-13)
July 26 Wisdom from God (1 Corinthians 1:20-25; 2:9-16)

Sanctuary Flowers

July 19, 2026

In Loving Memory of

Jim Gouge

on the anniversary
of his birthday,
given by

Jean Gouge & the Davis Boys,
Mark, Steve, Jack & Will.



BUDGET REPORT

2026 YTD BUDGET REPORT

Budget Requirements	\$728,841.68
Budget Receipts	702,147.77
UNDER BUDGET	26,693.91

WEEKLY BUDGET REPORT

July 12, 2026

Budget Requirements	\$26,030.06
Budget Receipts	18,858.00
UNDER BUDGET	7,172.06

DESIGNATED

Designated	\$3,891.00
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SENIOR ADULT
CATFISH HOUSE - MILLBROOK
Thursday, August 20

5:00 PM - Bus leaves church
5:30 PM - Seated to eat

Sign up through Realm,
in Sunday School
or call the church office.

Food Distribution Volunteers Needed

Friday, July 17 at 1:00 p.m.

- Meet in the EHBC gym to prepare bags for distribution on Saturday.

Saturday, July 18 at 9:00 a.m.

- Meet in the EHBC gym to prepare for distribution.



EHBC KIDZ!

LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, SOUL, MIND AND STRENGTH

July 19 - Children's Worship

Grades: 1-3

Please bring your Bible.

WORSHIP CARE VOLUNTEERS NEEDED

**We need volunteers to
serve every other
month in Worship Care.**

**Please contact Sandy
Harmann to volunteer
at (334) 398-2250.**



THE MESSENGER

EASTERN HILLS BAPTIST CHURCH

The Messenger, Eastern Hills Baptist Church
3604 Pleasant Ridge Road, Montgomery, Alabama 36109.
334-272-0604 | easternhills.church

POSTAGE

WEEKLY SCHEDULE

SUNDAY

9:15 AM - Bible Study Groups
10:30 AM - Worship Service
8:30 - 10:15 AM - Library Hour

TUESDAY

6:30 AM - Men's Prayer Meeting in the RR

WEDNESDAY

5:45 PM - Summer Kidz Night
3 years - Room 125
Kindergarten - 6th grade, Room 234
6:00 PM - Adult Bible Study - Reception Room
6:00 PM - ONE (7th-12th grades) in the Youth Room
6:00 PM - Adult Choir Rehearsal

ADDRESS LABEL